

Name:

DOB:

Please describe the nature or your primary concern or issues that you are considering Thai massage Therapy as a solution:

Please describe the history or your primary concern or issue:

Please describe any secondary concern or issue:

Do you have or have you had any of the following (check all that apply)

- High Blood Pressure
- Low blood pressure
- High cholesterol
- Heart/circulatory Disease
- Peptic Ulcer
- High stress
- Headaches
- Irregular Menstruation
- Organ disease
- Chronic constipation
- Nervousness/anxiety
- Fatigue/weakness
- Cancer
- Chronic indigestion
- Irritable bowel
- Diabetes
- Hormone imbalance
- Other

Describe any surgery or medical procedures you have undertaken:

History of health problems or any current medications - please elaborate:

Are you/ could you be pregnant?

Please describe your eating habits:

Caffeine /nicotine/drug/alcohol intake:

Exercise habits:

Any additional information you feel would be helpful:

Traditional Thai Massage is a dynamic healing art utilizing ancient techniques. The therapist applies gentle deep pressure along the body's sen lines (energy lines) to stimulate the body's energy to bring balance and health.

Traditional Thai massage works along these meridians using a combination of yoga stretches, reflexology, acupuncture, adjustments and internal organ massage, resulting in one of the most energizing and healing forms of massage you will ever experience.

Traditional Thai Massage is practiced on the floor, on a large, mat. The client may wear Thai fisherman pants or comfortable, moveable workout clothes.
No oils or lotions are used during the session

All information is kept confidential

Traditional Thai massage is not intended to cure, diagnose, or treat any medical conditions and should not replace treatment or consultation with a qualified physician.

On rare occasions, guests may have adverse reactions to massage. These may include, headache, dizziness, muscles soreness, slight bruising, and allergic reaction to herbal products among others.

You are in complete control of the massage, and if you feel any of these symptoms at anytime, please inform us so that we can correct the situation or discontinue the massage. You agree not to hold the practitioner liable for any adverse effects of any treatments given.

Massage is an intimate art form, which requires the close contact of client and practitioner. We respect your privacy completely and remind you that you remain in complete control of the massage at all times. If, for any reason, you feel uncomfortable at any time, please inform me immediately so that we may take direct action to remedy the situation or discontinue the massage.

It is important that you increase your water intake for the 48 hours following your massage to ensure your body replenishes itself and processes toxins release in the body. 8-10 glass of water per day will provide the best hydration. Your massage will be conducted in the utmost confidentiality. Your personal information, collected on this form, or during massage treatments will not be shared with anyone for any reason without your written consent and approval.

By signing this form, you acknowledge that you have read and agree to the above.

Signature:

Name:

Date: